

2 August

**Focus for the Week:** *A life spent in trying to love God and our neighbour will be a happy life, and happy in proportion as we become more selfless. The wounded and the weak among us limp along, but deep down we can be at peace for we know that his love for us is stronger than our neglect of him.*

Cardinal Basil Hume

Dear Parents and Friends of the School:

### **Principal's Platform:**

This week we farewell Miss Helen McGuigan from our staff, as she moves to St Joseph's School Whakatane, where she will take up her new position as Assistant Principal. On behalf of the school community, I wish Helen well for the future. I welcome Mrs Jane Moroney back on to the staff for the remainder of the year as class teacher for Room 12.

Quite often in the media we read of the health issues associated with unhealthy eating. Teachers at Marian School have noticed that many of the children bring lunches to school that contain highly processed foods such as roll ups, chips, muesli bars, chocolates, sweets, party treats, fruits juices and sports drinks. These are often quick lunch box fillers or convenience food. Such processed foods are often regarded as being detrimental to children's health and do effect their learning.

Please endeavour to give your child/children fruit, sandwiches, cheese, crackers, dried fruits, and yoghurt. If you are in the habit of sending drinks to school, send water chilled in your fridge.

**Anointing of the Sick:** will be celebrated tomorrow at 2:00pm. Team 3 will be the hosts.

**Mass** will be celebrated with the children from Team 1 on Friday at 9:30am. All welcome.

### **PTFA Important Notice – Recipe Book:**

Last year, many of the Marian School parents kindly submitted their favourite recipes for our recipe book but some of you have omitted to put your name beside your recipes.

There is a list of these recipes at the school office. Please check them and put your name beside the recipe you sent in. The list will be

kept at the office over the next week. Failing this the recipes will be printed without the name beside it. Thank you for your assistance – Megan Muldowney (PTFA)



**Firth St Cul-de-Sac:** (The little road leading up to the St Teresa's block & office).

**Parents are reminded not to use this entrance as a pick-up or drop-off area. Please use the church car-park or park in Clyde St.**

The cul-de-sac is for staff parking only.

### **Reminder - Parent Information Meeting:**

On Wednesday 9 August at 7pm, there will be a parent meeting to share and discuss our gifted and talented education (G.A.T.E.) journey. We hope you can attend.

Mrs Wilson

### **Congratulations:**

- To Amy Alex who achieved Distinction in the Trinity College, Speech and Drama examinations. Well done Amy.

### **St John's College Basketball**

**Fundraiser:** With the Premier Basketball Nationals taking place in Christchurch, St John's College are organising a Hangi as a fundraiser. Tickets available at the Marian School office \$10.00 each. Your Hangi can be collected from the St Johns College on 5 August at 5:00pm



**Lost:**

- A school jersey named M Warr – please return to Rm 13
- A P.E. top named ‘Toni’ – please return to Octavia Rm 19.

**Found:** A mobile phone found by the pedestrian crossing. Please collect from the school office.

**Found in Sick Bay:** A story book titled ‘Storm’ – please collect from school office if this belongs to you.

**Having a problem with Head Lice?** New Image hair Design have a new product from Australia that seems to do the trick. It’s kind to kids. Product is called Lice Bomb and costs \$26.95. Please phone 856 7060 if you are interested.

Check out our prices – family concession  
Mum, dad + 2 chn \$40.00  
Children under 5 years \$5.00  
School children \$9.00  
Call in and check other prices. I am also looking at doing a layby for that Christmas perm or colour.

**Out of School Music Classes:** Please remind your children that all Out of School Music classes are for a full years commitment. Our tutors are employed on this basis and the whole class is jeopardised when numbers drop below the minimum Ministry of Education requirement. Please encourage your children and explain the importance of commitment and perseverance. The children will be working towards their performance at the Music Appreciation Evening to be held 8 November. This is a showcase of the work and effort the children have made during the year and a night not to be missed.

**Free to a Good Home:** Two 10month old cats. A ginger male and black female. Both have been de-sexed. Owners are going overseas. Please phone 855 8050 or 021 24 888 34.

**Section for Sale:** Build your dream home today. 800sqm section on River Road with a 517sqm building platform. Phone Mark 07-847 5962

**Piano Tuition:** There are a few vacancies available for piano tuition with an experienced teacher. For children aged 8yrs and over or adult beginners. Phone Robyn Smith (ATCL) 856 1404 or email [robins\\_49@yahoo.co.nz](mailto:robins_49@yahoo.co.nz)

**HN Junior Naturalist Club: Fri 4 August ‘Light and Rainbows’** – Meet 7pm at the Hort Centre, Hamilton Gardens, Gate 2

**Sausage Sizzle:** This Friday \$1.00 per sausage.

God Bless You

John Coulam  
Principal



**School Lunches Menu: Monday – Thursday**

Filled roll ( <i>ham, chicken, vegetarian</i> ) ...	\$2.50
<i>Vogel salad sandwich</i> – (ham, chicken or vegetarian) -	\$2.50
Mince pie - .....	\$2.00
Mince & cheese pie - ...	\$2.00
Potato top pie ...	\$2.00
Pizza .....	\$2.00
Sausage roll ... ..	\$1.50
Bacon and egg mini pie ...	\$1.70
Muffin .....	\$1.50
Jumbo cookie ...	\$1.20
Fresh fruit .....	.50c
Fresh milk chocolate ....	\$1.50
Fresh milk strawberry ...	\$1.50
CalciYum chocolate ...	\$1.50
CalciYum caramel .....	\$1.50
Juice .....	\$1.20
Snack pack ...	\$2.00
Popcorn .....	.50c
Sushi	4-pack \$4.50
	6-pack \$6.50